

# WISCASSET COMMUNITY CENTER

*Gym Schedule November 1st, 2020 - November 30th, 2020*

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<i>Gym Schedule November 1st, 2020 - November 30th, 2020</i>						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:00 - 7:30 am	Open Gym 5:00 - 5:30 am	Open Gym 5:00 - 7:30 am	5:00 - 5:30 am Open Gym	Open Gym 5:00 - 7:30 am	<b>Closed</b>	<b>Closed</b>
Yoga w/ Tamara 7:45 - 9:00 am	PiYO! w/ Lorna 5:30 - 6:30 am	Yoga w/ Tamara 7:45 - 9:00 am	Morning Mix w/ Lorna 5:30 - 6:30 am	Yoga w/ Tamara 7:45 - 9:00 am		
Pickleball 9:15 - 11:30 am	Pickleball 7:30 - 9:30 am	Open Gym 9:00 am - 1:00 pm	Pickleball 7:30 - 9:30 am	Zumba Gold w/ Barbara 10:00 - 11:00 am	Open Gym 7:00 - 7:45 am	
Open Gym 11:30 - 1:00 pm	Open Gym 9:45 am - 1:00 pm		Open Gym 9:45 am - 1:00 pm	Open Gym 11:15 am - 1:00 pm	PiYO! w/ Lorna 8:00 - 9:00 am	
<b>Closed</b> 1:00 - 2:00 pm	<b>Closed</b> 1:00 - 2:00 pm	<b>Closed</b> 1:00 - 2:00 pm	<b>Closed</b> 1:00 - 2:00 pm	<b>Closed</b> 1:00 - 2:00 pm	Open Gym 9:15 - 4:00	
Open Gym 2:00 - 4:15 pm	Open Gym 2:00 - 8:30 pm	Open Gym 2:00 - 5:45 pm	Open Gym 2:00 - 5:15 pm	Open Gym 2:00 - 7:30 pm	<b>Closed</b>	
Karate 4:30 - 6:30 pm	*Gym CLOSED for Selectboard Meeting* 4:00 - 7:00 pm 1st & 3rd Tuesday only	PiYO! w/ Lorna 6:00 - 7:00 pm	Karate 5:30 - 6:30 pm			Open Gym 7:30 - 8:30 pm
Open Gym 6:30 - 8:30 pm		CardioKick w/ Chelsea 6:30 - 7:30 pm				
<b>Closed</b>	<b>Closed</b>	<b>Closed</b>	<b>Closed</b>	<b>Closed</b>	Open Gym 1:00 - 5:00 pm	

**Please watch for gym closures and schedule updates - SUBJECT TO CHANGE**

Schedule Changes

**\*\*Friday, November 27th the gymnasium will be closed 8:00 am - 4:00 pm for an American Red Cross Blood Drive.\*\***

**\*\*Please make reservations to use the gymnasium.**

**Doors to the building will be locked at 8:00 pm if no reservations have been made.\*\***

