

# WISCASSET PARKS & RECREATION PROGRAM BROCHURE *Spring-Summer 2019*

*Registration  
now open!*

Summer Hours of Operation

April 15 - Sept 3, 2019

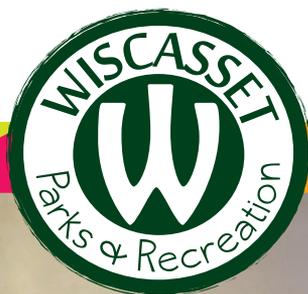
Mon-Thurs 5am- 8pm

Friday 5am - 6pm (Starting 5/24)

Saturday 8am-Noon - Closed Saturdays beginning  
Memorial Day Weekend through Labor Day

Sunday Closed May 26-Oct 13

*Our Mission:*  
To cultivate health & wellness  
in our community through quality  
recreational programming,  
enriching social activities  
& safe, well-maintained facilities.



242 Gardiner Rd, Wiscasset

info@wiscassetrec.com

www.wiscassetrec.com

wiscassetparksandrecreation

wiscasset\_parks\_recreation

# Wiscasset Parks & Recreation Summer Program

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## From the Director

"The Times, They are a Changing..."

Spring/ Summer 2019

Dear Friends of WCC and Wiscasset Parks and Recreation:

It's hard to believe that another winter is almost behind us and we are now looking at another beautiful summer on the coast of Maine. Our winter season here has been very busy with basketball tournaments, Winterfest, our Father- Daughter dance and the revival of our Fitness Challenge! We have seen new members arrive and some go. We continue to look for ways to create new opportunities for you and your family to enjoy! This summer is no different. We will be busy as ever and hopefully be able to provide you with some great recreational experiences!

Change is inevitable. We have seen much change in our community in the past 15-20 years. These changes have affected the way we can do business. While we will continue to provide you with quality services and programs, you may see some changes in the cost of our programs, memberships and day fees so that we can keep up with the changing minimum wage in our state. You may see our front desk staff available less so that we can streamline services and provide help when it is needed at the most demanding times during the week. We will always try to provide you with opportunities at the lowest possible cost, but keeping in mind that we also must cover the cost for expenses.

Starting Memorial Day weekend, the Community Center will be closed on weekends. We will re-open on Saturdays after Labor Day weekend, and then on Sundays after Columbus Day weekend. We have found that our attendance on summertime Saturdays, both in the facility and with pool programs, have been dwindling over the past few years. Keeping the facility open for so few is not cost effective and therefore a change was needed. We will continue to serve you Monday through Friday during our regular hours of operation in the summer. We will be closing at 6 pm on Fridays as we have in the past during the summer months. While it is nice, get outside and play! Before you know it, it will be 20 degrees with a foot of snow on the ground.

We welcome any constructive feedback and suggestions for making this Community Center the best it can be, and provide you, our community and members, with services that you look forward to and hopefully cannot see living without!

Yours in Recreation,



Lisa Thompson, CPRP  
Director, Wiscasset Parks and Recreation



# Membership Information

Type	Annual Membership Paid in Full		Flex Payment		Single Month Paid in Full	
	3 - Month Minimum					
	CP	Standard	CP	Standard	CP	Standard
Family	\$444.00	\$576.00	\$42.00	\$53.00	\$77.00	\$103.00
Adult	\$300.00	\$432.00	\$30.00	\$41.00	\$51.00	\$77.00
Young Adult (18-25)	\$204.00	\$300.00	\$22.00	\$30.00	\$36.00	\$54.00
Senior Citizen	\$204.00	\$300.00	\$22.00	\$30.00	\$36.00	\$54.00
Senior Couple	\$312.00	\$452.00	\$31.00	\$43.00	\$54.00	\$86.00
Youth	\$144.00	\$204.00	\$17.00	\$22.00	\$27.00	\$41.00

## Day Pass Fees:

Type	CP	Standard
Family	\$14	\$18
Adult	\$6	\$8
Youth/Sr.	\$3	\$5

\*Community Partner (CP): Resident of a Partner Community (Wiscasset, Westport Island & Alna). To learn how to make your community a partner of the WPRD/WCC, please inquire at the front desk.

## Membership Categories

Family: One adult or couple, dependent parents, youth & full-time college students living in the same household.  
 Adult: 26 years+      Young Adult: 18 – 25      Senior Citizen: 60+      Senior Couple: One or both 60+  
 Youth: Full-time high school student or 17 years or under.

## Payment Options

Payments can be made by cash, check or credit card. (Visa, Mastercard or Discover)

## Cancellation Policy

Memberships are non-refundable & non-transferable.

## Fees

\$30 fee will for returned checks.

## WCC memberships include:

Use of pool, fitness room and gym. Access to all regular fitness classes, including: Yoga, Waterworks, Core Concepts, PIYO, Zumba Gold, Flex Fit, Pickeball & AM Mix

Starting July 1, 2019, membership costs will increase \$1 per month, per membership. So, for example, an annual membership rate will be raised \$12.00. Flex memberships are raised \$1.00 per each month purchased.

Day pass rates for Adults and Families will go up by \$1, but Youth and Senior day pass rates will remain the same for this year.

## Membership Perks

Benefits of a WCC membership include use of the indoor pool and gymnasium during non-programmed hours for lap swimming, family swims, open gyms, etc. Fitness programs specified to be included with the membership are also part of your membership privilege. Also included is one free fitness orientation with a Personal Trainer.

### Check-In Procedure

All members 12+ are required to check in at the front desk upon arriving. All members will be issued a membership card, which should be scanned into the computer upon entering the building.

### Locker Rentals

A limited number of full and half size lockers are available to rent. You must provide your own lock and keep your locker clean. During our annual shutdown week in August, it is required that all locks be removed and items cleaned out from your rented locker.

### Set up your account today!

Scan the code below!

Or visit [www.wiscassetrec.com](http://www.wiscassetrec.com) click on "New Account". Follow the steps and you will be ready to register within minutes!



Remaining lockers are available for daily use. Personal locks may be used. Locks and contents must be removed at the end of the day. Locks left on overnight will be cut off and contents removed. The WCC is not responsible for lost or stolen items.

### Locker Rental Rates

Full Locker- \$50 thru Aug 31, 2019

Half Locker- \$35 thru Aug 31, 2019

## Code of Conduct

WCC patrons are expected to conduct themselves in a manner appropriate for a public facility. In consideration of other patrons, please use appropriate language at all times. Fighting, harassment, inappropriate attire and other negative behaviors have no place in our community center. Individuals whose conduct is unfit and offensive will be dismissed from the facility. The WCC and the outdoor grounds are a smoke-free facility.

# WISCASSET PARKS & RECREATION STAFF

Lisa Thompson, Director  
lthompson@wiscassetrec.com

Kristy Lincoln, ASA Director/ Camp Director  
klincoln@wiscassetrec.com

Robert MacDonald, Facilities/Operations Director  
rmacdonald@wiscassetrec.com

Doris Gabriele, Front Desk  
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Lori LaPointe, Aquatics Director  
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Lisa Gatti, Front Desk  
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Nori McLeod, Aquatics Specialist  
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Stephen Almasi, Front Desk  
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Bonnie Blagdon, Front Desk Coordinator  
bblagdon@wiscassetrec.com

Cedric Maguire, Fitness Trainer & Instructor

Duane Goud, Recreation Programmer  
dgoud@wiscassetrec.com

Chelsea Taylor, Fitness Trainer

Kyle Viele, Lead Custodian

Rob Doody, Custodian

Allan Collins, Maintenance

Milt Dersham, Maintenance

Marion Hanna, Maintenance

Joan Bickford, Membership Coordinator  
jbickford@wiscassetrec.com

## COOPER-DIPERRI SCHOLARSHIP FUND

In memory of Mr. Douglas K. Cooper & Dr. Charles J. DiPerri

The Cooper-DiPerri Scholarship fund was established in the fall of 2000, named after Mr. Douglas Cooper and Dr. Charles K. DiPerri. The scholarship exists to provide low income families, seniors and youth access to all of the programs offered at Wiscasset Community Center and Parks & Recreation Department. The goal of the fund is to provide all persons with the ability to enjoy a physical, mental and emotionally healthy lifestyle. This fund will allow their legacy to live on, by providing healthy lives for others.

The Cooper-DiPerri Scholarship Fund provides a wide range of programming opportunities to low income families of the Wiscasset Region. If you would like to apply for a scholarship or know someone who may benefit from such, please contact the Wiscasset Parks and Recreation Department for more information.

All applications and inquiries are confidential.

The Cooper-DiPerri Scholarship Committee:

Chair: Sheila Sawyer

Vice Chair: Vickie Hersom, Bob Bickford, Andrea Main, Nancy Wyman, Danielle Clement, Lisa Thompson, Lynn Pelletier

## FACILITY CLOSURES

May 25, 26, 27

Memorial Weekend

July 4

Independence Day

Aug 24- Sept 2

Annual Maintenance -

Closes at 6 pm Aug 23, and  
reopens Sept 3

## Diversity & Inclusion is our Foundation

Our commitment to inclusion  
across race, gender, age,  
religion, identity, and  
experience brings us together  
as a community.

Be Yourself.

We like it that way.

## PROGRAM REGISTRATION INFO

Online and Walk-In Registrations are ongoing for all programs.

### Registration Procedures

Most of our programs require pre-registration. You can register online at [www.wiscassetrec.com](http://www.wiscassetrec.com) or in person at the Wiscasset Community Center. We will accept registrations by phone from current account holders. We do not accept registrations via fax or mail. Payment is due at the time of registration, unless otherwise stated. There are some programs where a deposit is due, with the remaining balance due before the program begins.

If you have an outstanding balance on your account, you may not register for programs until the balance is cleared, or you have made payment arrangements with staff administration.

### Confirmations

We do not send out program confirmations or reminders of enrollment. If you register for a program, your online receipt or receipt you receive in person is your confirmation for the course. Refund info can be found on our website.

### Cancellations/Closures

We may cancel programs or change the schedule of a program due to lack of enrollment. Please register early to ensure your spot & avoid disappointment.

Program cancellations & facility closures due to inclement weather will be announced in the following locations:

- TV - WCSH6, WGME13
- WPRD Facebook page
- Our website [www.wiscassetrec.com](http://www.wiscassetrec.com)
- Please sign up for email & text alerts through your account on our website



### Military Members get 10% off!

Valid military ID must be presented at time of registration. Patron must sign up in person at the Community Center front desk. This discount is available for memberships only, and the military personnel must be present at the time of sign-up and included in the membership.

Benefits include use of the facilities, fitness center, gymnasium, indoor heated pool, and fitness classes, as well as member discounts on various activities and youth sports.

# FACILITY RENTALS

*Our facilities are available to rent for your next party, meeting, or event.  
Contact Robert MacDonald, Facilities & Operations Manager.*



## POOL

*Rental for up to 20 swimmers*  
\$125/ hr Member, CP or Non-Profit  
\$175/ hr Standard Rate  
Includes 1 lifeguard for up to 20  
*For 21+ swimmers, refer to per-person  
rate under party rentals*

## 1/2 FUNCTION ROOM

\$35/ hr Member, CP or Non-Profit  
\$60/ hr Standard Rate  
(Up to 40 People)

## FUNCTION ROOM

\$75/ hr Member, CP or Non-Profit  
\$100/ hr Standard rate (40-96 People)



## CATERED EVENTS/ CONCESSION AREA

Inquire with Director

## GYMNASIUM

\$75/ hr Member, CP or Non-Profit  
\$100/ hr Standard Rate

## ENTIRE FACILITY

\$400/ hr Member, CP or Non-Profit  
\$550/hr Standard  
Incl 4 Lifeguards

**In many rental situations, purchasing a membership prior to rental will save you money.  
Inquire with our Facilities Manager!**





# PARTY RENTALS!



## Premier Party Package

**Cost pp:** Members \$175 for first 20 swimmers (\$8.75 pp)

Standard \$250 for first 20 swimmers (\$10 pp)

**Includes:** EXCLUSIVE use of pool for one hour, where YOUR party is the only party in the pool! Also includes balloons for your party room, and ALL features of the Basic Party Package. Full room requires an extra charge.

## Basic Party Package

**Cost :** Members \$125 for first 20 swimmers (\$6.25 pp)

Standard \$200 for first 20 swimmers (\$10 pp)

**Includes:** Use of pool for one hour during public swim times. Includes one lifeguard for 20 swimmers, water features and splash fountains (please ask your lifeguard!) Use of 1/2 party room for one hour, with tables/chairs. Full room requires an extra charge.

## Party Add-Ons

Bounce House - \$200

One hour of gym play - \$50

**Dates/times:** Please email Bob MacDonald, Operations Mgr, [rmacdonald@wiscassetrec.com](mailto:rmacdonald@wiscassetrec.com)  
Or call 207-882-8230 and leave message for Bob.



## SENIOR & ADULT PROGRAMS

### WISCASSET SENIOR CENTER

The Wiscasset Senior Center is available to older adults, ages 55+ who want to be part of a community group for fun and fellowship. The group meets on the 1st and 3rd Wednesday each month for dinner & conversation.

#### Yearly Dues:

\$15 residents, \$20 non-residents

### PICKLEBALL

Pickleball is a racquet sport that combines the elements of badminton, tennis and ping pong. It is easy to learn and play, and our group is friendly!

**Days:** M/W/F

Tuesdays - Beginners

**Time:** 7:30-10 am

**Cost:** Free members; \$3 non-mem  
There will be no Tuesday Beginner Pickleball held during the summer. (June- August)

### CRIBBAGE

Join other seniors at the Senior Center for fun and games! Each group plays 7 rounds. Arrive 15 min early for set up.

#### Days/Times:

Tuesdays 9:30 - Noon

Thursdays 6-8 pm (no cribbage July 4)

**Cost:** Free w/ Senior Center or WCC membership

### SEW & CHAT

Bring your materials and join other seniors for a creative morning of sewing, chatting, coffee and tea! Instruction is available in a relaxed setting. All types of textiles are welcome from embroidery, crochet, knitting, quilting, or whatever you can dream up!

**Dates:** Mondays & Fridays (Not on May 27, Memorial Day)

**Time:** 9:00 am- 12:00 pm

**Cost:** Free

### PERSONAL TRAINING

Join our personal trainers, Cedric Maguire & Chelsea Taylor, for one-on-one training. Both specialize in proper form, strength training techniques, & creates realistic exercise programming specialized to his clients abilities and needs. They work with all levels, and can readily modify exercises. COST: Inquire at front desk.

# FITNESS PROGRAMS

All of these fitness programs are  
**FREE FOR MEMBERS!**

## **Fitness Passes:**

Non-Members can buy a 6-class fitness pass for \$60 (save \$30!) Fitness passes allow you to join any of these classes at a lower rate.

Drop in \$15 per class  
(Some of these classes will not be offered in July/August, check the website!)

## **PiYO! with Lorna Weber**

Tuesday 5:30 – 6:30 am

Wednesday 6 – 7 pm

Saturday 7:45 – 9:00 am

This class is a combination of Pilates & Yoga with non-stop movement for the ultimate workout. Come sweat, stretch and build strength!

## **Yoga w/Tamara Dolloff & Meg Lemay**

Mon/Wed 7:45 - 9am

Friday 7:30-9am

This yoga class is “for real people”. Yoga will re-align and detoxify the body and develop inner and outer strength. At the end of the class, you will feel energized, grounded, and refreshed. Strengthening and lengthening muscle groups are one great way to relieve stress and gain flex.

## **AM Mix with Lorna Weber**

Friday 5:30 - 6:30am

Instructor Lorna Weber combines cardio, strength training, light weights and interval training to round out a great morning of exercise. Challenge yourself!

## **Zumba Gold**

Fri 10 - 11am

Join instructor Barbara Johnson for this Latin inspired dance fitness class set to international music. No previous dance experience necessary, gentle and fun workout!

## **Core Concepts**

Tues/Thurs 5:30 - 6:30pm

Join personal trainer, Cedric Maguire, to strengthen your core, increase mobility, and improve performance. This class uses kettle bells, medicine balls, dumbbells and a series of body weight exercise.

## **Flex Fit**

M/W - 6:30-8pm

Join personal trainer, Cedric Maguire, for fifteen minute blocks of moderately skillful exercises, performed at various stations or as a group. Warm-ups, stretching, cardio, resistance training and bodyweight exercises, for a full body workout!



# Thank You

## To Our Volunteers

We would like to thank all of you for taking the time out of your busy schedule to volunteer. Our recreational programs and special events like Youth Basketball, Adult League Basketball, Cheerleading, Winterfest, Travel Basketball Tournaments, Father/Daughter Dance & Teen Dances continue to grow because of people like you taking on this challenge. Teaching our youth how to have fun, work hard, and become team players will be of great value. As our children grow and move on they need that structure and support.

Nate Sullivan	Bob Bickford	Charlie Bassett	Russell Marr
Amanda Plummer	Travis Lincoln	Dave Cleaveland	Kim Dodge
Shane Plummer	Bill Davenport	Todd Souza	Linda Page
Tricia Goud	Josh Shirey	Shawna Roy	Lisa Gatti
Jen McKane	June King	Rob Doody	Doris Gabrielle
Nancy Wyman	Colleen Gilliam	Kim & Michael Andersson	
Miranda Moss	Andrea Loupe	Kristy Lincoln	Marion Hanna
Katrina Willey	Bob MacDonald	John & Jessey Marshall	
Tom Philbrick	Celia Philbrick	Amanda Kellett	Sheena Thibault
Monique McRae	Patty Bridgham	Ray & Pat Cloutier	
Judy Flanagan	Kathleen Dekker	Kriston Mellott	James Osmond
Larry & Carolann Rines	Scott Brown	Brandi Marshall	Bonnie Blagdon
Amanda Auvil	Jenna Blagdon	Ed Crocker	Michael Stailing
Matt & Marshall Libby	Paul Lazarus	Walt Gorneau	Daniel Wall
Rose Dersham	Rita Tran	Angela Farrin	Nikki Wright
Peter West	Karen Potter	Nori McLeod	Ashley Hodgdon
Wiscasset Highway Department		Chewonki Foundation	
Midcoast Conservancy	Wiscasset Fire Department	Wiscasset Police	
Department	Crooker Construction		
WPRD Scholarship Committee		Wiscasset Ambulance	

*All of our WMHS student athletes / volunteers!*

# Summer Discount Ticket Program

Starting Monday, June 3rd

**Don't pay full price - buy your discount tickets from us!**

All discount tickets are for those 48 inches and taller.

All sales final, no refunds or exchanges. Cash or credit card only (no checks).



**Funtown Splashtown  
Combo Day pass - \$30**

**Save \$9! Gate Price: \$39**

*This combo is good June 17 through  
Labor Day weekend. Must be 48" tall.*



**Aquaboggan Day Pass \$17**

**Save \$7! Gate Price: \$24  
(Must be 48")**

*Aquaboggan Water Park is open June 24-  
Labor Day weekend. Must be 48" tall.*

## FREE Bonus Month

Earn a FREE month of membership to the Wiscasset Community Center when you purchase a prepaid 3 month membership!

**Now until July 15, 2019**



**3 &  
FREE  
MEMBERSHIP  
SALE**



# Mother's Day Tea Party

*Celebrate Mother's Day with a princess tea party!*

Moms, Grandmothers, Great-grandmothers and Aunties,  
Bring your princesses to the WCC for an evening of royal delights  
including teas & lemonade, finger sandwiches, tiny desserts and  
a magic show fit for a princess!

Wear your best spring dress and of course party hats and shoes!



*When*

Wednesday May 8th  
6-7:30pm

*Cost*

Children Ages 5-17 \$5 ea, Ages 4 and under FREE

Adults: \$10 per person

Pre- registration is required. Space is limited!

## Boston Red Sox Family Trips

Our Family trips are the best! Join us to see the World Champion Boston Red Sox, transportation provided to and from Fenway (some walking may be involved). Children 17 and under must be accompanied by a parent/guardian. No alcohol is allowed on the bus. For safety and accountability all participants must take bus to and from venue.



### *Sunday, Sept 29th, 3:00 game Vs. Baltimore*

Bus departs WCC at 10am and will do a pick up in Bath. We will return to WCC approximately 10:30 pm. There will be a stop on the way home for dinner (dinner cost is on your own). Seats are located in grandstand section 19, rows 11-18. This trip is a collaborative trip with Bath Recreation Department. Cost is \$99 per person.





# SUMMER FITNESS CHALLENGE



Create and maintain a healthy, fit lifestyle and have fun doing it! Our personal trainers will lead the group through a new cardio and total body strength session each week where you'll learn new exercises and work on proper form to get the most out of your workout with us and on your own. Participants will get the tools to have a strong, healthy week until we meet again. Weekly fitness or nutrition challenges help keep participants motivated and on track. A private Facebook group and/or email check ins offer support and accountability throughout the challenge.

- Earn points each week for fitness class participation, working out and participating in our weekly challenges
  - Weekly Check-in
  - Challenge Completion T-shirt
  - Guest Speakers
  - Prizes awarded weekly
  - Group Support
  - Awards ceremony and pot luck!

**Thursdays May-August**

**Time:** 6:00-7:15 pm

**Cost:** \$80 members or community partners, \$90 standard

Drop in fee: \$7 members, \$10 standard

**Instructors:** Chelsea Taylor, Cedric Maguire



**COMING  
SOON!**

## ADULT LEAGUE SOFTBALL

We are excited to be offering adult softball this summer! Join us for a fun team atmosphere with community, friends and family.  
Stay tuned for more information!

## YOUTH SOCCER

**September - Oct 2019**  
**Mondays & Wednesdays 6 – 8 PM**  
Girls & Boys Age 4yrs - 6th grade



### Co-Ed Divisions

**PeeWee** (Age 4 by Sept 1, 2019 or Kindergarten)

**Mite** (1st & 2nd Grade)    **Minor** (3rd & 4th Grade)    **Junior** (5th & 6th Grade)

Games will be weekday evenings and Saturday mornings in Sept/Oct.  
Mite, Minor & Junior divisions will have scheduled weeknight practices.

**Location:** WMHS Lower Soccer Field, Rec Field (Playground) & towns (TBD)

<b>Cost:</b> (Before Aug 1)	<b>Pee-Wee</b>	<b>Mites/Minors/Juniors</b>
WCC Member	FREE	\$40.00
Community Partner	\$30.00	\$45.00
Standard	\$40.00	\$50.00

Payments are due at the time of registration. \$10 late fee after August 1st, 2019  
*Volunteer Coaches, Referees, Timers & Team Parents are needed in all divisions!*

A Coaches meeting will be held.  
Time, place & date will be determined on  
Saturday, August 24th.  
Program Coordinator: Duane Goud

**Soccer Skills Clinic**  
Saturday, August 24th  
Coaches & Volunteers 8 – 8:30 a.m.  
PeeWee & Mites 8:30 – 10 a.m.  
Minors & Juniors 10 – 11:30 a.m.

## SUMMER TRACK & FIELD

Kids ages 15 & under are invited to sign up for summer track and field! Age division events include 100m, 200m, 400m, 800m, 1500m, Race-walk, Relays (4x100m, 4x400m), Hurdles, Long & Triple Jump, High Jump, Turbo Javelin, Discus & Shot Put. Schedule TBD, but track meets have typically been on Thursdays @11 am. Summer State Meet on the second Saturday in August. All meets are away, transportation is not provided, carpooling is suggested. Requires USATF membership. Registration will open in May/June.

**Dates:** details TBD, practices start week of June 25th

**Coach:** Josiah Winchenbach (WMHS Track Coach) 207-975-6997

**Location:** WMHS Track, all meets are TBD.

**Cost:** TBD - Fee includes practices, meet fees, USATF membership & team t-shirt.

**Coordinator:** Duane Goud

## KARATE

A goal oriented, year round sport that literally conforms to all physical levels and abilities. Learn self- defense, build confidence, increase flexibility, improve self- discipline and get a great workout. Classes are taught by Sensei Fairfield a dedicated 2nd degree black belt and long-time member of the Tao Karate Club. Sensei Fairfield is assisted by his four children all of whom are black belts. This is a true family program! Maximum: 40

**Location:** WCC Senior Center

**Session 1:** April 15-June 14, 2019 (excluding Memorial Day)

**Session 2:** June 17-Aug 16 (excluding week of July 4th)

**Times:** Monday or Combo Mon & Fri

**Cost:** Monday - Members \$45 Standard \$75  
Combo \$75 Standard \$135

Monday Classes:

\*Little Ninja (4-9yr beginners) 4:30-5:30 pm

\*Tao Karate (8yrs- Adults) 5:30-6:30 pm

Combo Monday/Friday Classes:

\*Little Ninjas and Tao Karate

(Fridays) 5:30-6:30 pm



# INTERNATIONAL SOCCER CAMP

**July 15th - July 19th**  
**Monday-Friday, 9am – 4pm daily**  
Girls and Boys ages 6-14



International (formerly British) Soccer Camp coming to Wiscasset Community Center this summer! Hundreds of Challenger coaches each year have helped the company develop one of the most innovative approaches to coaching youth soccer in the US & Canada. Our experienced staff study the game at all levels and we have identified the key techniques and skills that your players need to work on and master to reach their true potential. For more information and Registration, visit: <https://challenger.confio.com>

*\*Host Families are needed for this program!*

Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily World Cup tournament. Campers receive a free jersey (for online registrations received by June 15th), ball, t-shirt and FREE access to [www.thechallengerway.com](http://www.thechallengerway.com). Different divisions available.

**Cost:** \$225 per child      **Location:** Lower Field WMHS  
**WCC Coordinator:** Duane Goud

## SUMMER YOUTH BASKETBALL CAMPS

This program is designed to promote the game of Basketball in a fun and creative way, enabling your child to build their skills and abilities as they grow in the sport of Basketball. Enjoying and playing basketball in a team atmosphere with friends while getting some constructive instruction.

**Dates:** Summer Weeks TBD  
**Time/Cost:** TBD  
**Location:** Wiscasset Community Center



# MAINELY SUMMER CAMP FOR GRADES K-5

**Camp Dates: July 1- August 16**  
**Monday- Friday 7:30 am – 5:30pm**

Join us for our 7-week summer day camp program for children who are entering grades K-5. Camp will consist of daily adventures including lots of outdoor activities, gym games, field trips twice a week and swimming at the WCC pool. Breakfast and lunch are available each day through our Summer Meals Program. Staff will be led by adult leaders and high school and college age counselors. Camp calendar will be available when camp registration begins on May 6. Camp will be held at the Wiscasset Community Center, and the Wiscasset Rec Playground Field Pavilion. Minimum 25/ Maximum 50 children per week. No camp July 4-5.

<b>Cost:</b>	<b>Member/ CP</b>	<b>Non-member/ Standard</b>
All 7 weeks	\$980	\$1150
Weekly fee weeks 2-7	\$155	\$180
Week 1	\$115	\$135

There is no daily fee or sibling discounts. Registration will begin ONLINE May 1, 2018 and walk in registration will take place starting Monday, May 6. A minimum deposit of \$300 per child is required to reserve your child's spot in camp. Any registrations that equal below \$300 require full payment at the time of registration. **Any remaining balance must be paid by 6/21/2019.**

**Scholarships are Available! Deadline to apply for scholarships: April 26, 2019**



## AFTER SCHOOL ADVENTURES

After School Adventures is our after school program for kids in grades K-5. Kids get free, healthy snacks courtesy of CACFP. Our program focuses on allowing guided free time for kids to unwind after a busy school day. Children can select activities like arts and crafts, indoor and outdoor sports and study time.



We encourage kids to explore new interests and build friendships in a safe, nurturing environment. We also provide early release day programs and occasional full day programs at an additional cost. Registration for the 19-20 school year will begin August 1, 2019.

### 2019-20 Program Fees

Early Registration (Before the 28th of the month)	Late Registration (After the 28th of the month)
Members: \$12/day	\$14/day
Non- Members: \$15/day	\$17/day

### Extended Day/ Early Release Days (1:45- 5:30 pm)

Early Registration (Before the 28th of the month)	Late Registration (After the 28th of the month)
Members: \$18 per day	\$20 per day
Non- Members: \$20 per day	\$22 per day

There is no sibling discount.

### Other charges & fees:

A \$20 registration fee per child is required at the time of registration for each school year.

- *Late Fee* - charged if the online calendar is not completed by the last Thursday of the month: \$5 per child
- *No Call Fee* - charged if ASA does not receive a phone call notifying us of scheduled child's absence: \$5 per child
- *Late Pick Up* - charged if a child is picked up after 5:35 (without prior notice of special circumstances): \$1 per minute

SCAN FOR  
PROGRAM INFO:





# Red Cross Swim

**The next swim session starts the second week of January!  
Register early to reserve your child's spot!**

Calling all young swimmers! We invite you to come learn progressive water safety and swimming techniques in a fun, positive environment. Six levels of training are available for students to build on the basics and advance to various propulsive movements on the front, back and side. As the levels increase, participants refine the different strokes and build endurance. Our certified instructors can help choose the best level for your swimmer!

	Day	Time		Date		Fees	
		Start	End	Start	End	Mem.	Nonmem
Parent/ Toddler Class	Saturday	10:30A	11:30A	3/16/19	5/4/19	\$38.00	\$49.00
	Saturday	10:30A	11:30A	SEPT		\$40.00	\$52.00
Parent/ Toddler Class EX 8/27	Tuesday	9:30A	10:30A	5/7//19	6/25/19	\$40.00	\$52.00
	Tuesday	9:30A	10:30A	7/9/19	9/3/19	\$40.00	\$52.00
Level 1,2 ( Friday Fun Splash ( Friday Fun Splash	Friday	9:30A	10:15A	5/10/19	6/28/19	\$45.00	\$61.00
	Friday	9:30A	10:15A	7/5/19	8/23/19	\$45.00	\$61.00
	Friday	9:30A	10:15A	SEPT		\$45.00	\$61.00
Level 1,2, 3- Level 3+,4,5 Level 1,2, 3- Level 3+,4,5 Level 1,2, 3- Level 3+,4,5 EX 8/27	Tuesday	3:30P	4:15PM	5/14/19	7/2/19	\$45.00	\$61.00
	Tuesday	4:15P	5:00PM	5/14/19	7/2/19	\$45.00	\$61.00
	Tuesday	3:30P	4:15PM	7/9/19	9/3/19	\$45.00	\$61.00
	Tuesday	4:15P	5:00PM	7/9/19	9/3/19	\$45.00	\$61.00
	Tuesday	3:30P	4:15PM	SEPT		\$45.00	\$61.00
	Tuesday	4:15P	5:00PM	SEPT		\$45.00	\$61.00
Level 2 Level 3+,4 Level 2, Level 3+,4 Level 2, Level 3+,4 EX 7/4 EX 7/4	Thursday	3:30PM	4:15PM	5/2/19	6/20/19	\$45.00	\$61.00
	Thursday	4:15PM	5:00PM	5/2/19	6/20/19	\$45.00	\$61.00
	Thursday	4:30PM	5:15PM	6/27/19	8/22/19	\$45.00	\$61.00
	Thursday	5:15PM	6:00PM	6/27/19	8/22/19	\$45.00	\$61.00
	Thursday	3:30PM	4:15PM	SEPT		\$45.00	\$61.00
	Thursday	4:15PM	5:00PM	SEPT		\$45.00	\$61.00
Level 4+,5,6 Level 3,4- Level 1,2- Level 4+,5,6 Level 3,4- Level 1,2- EX 8/27	Saturday	8:15A	9:00A	3/16/19	5/4/19	\$42.00	\$59.00
	Saturday	9:00A	9:45A	3/16/19	5/4/19	\$42.00	\$59.00
	Saturday	9:45A	10:30A	3/16/19	5/4/19	\$42.00	\$59.00
	Saturday	8:15A	9:00A	SEPT		\$45.00	\$61.00
	Saturday	9:00A	9:45A	SEPT		\$45.00	\$61.00
	Saturday	9:45A	10:30A	SEPT		\$45.00	\$61.00

Starting dates may change if there are cancellations in the current session.  
Please call to confirm beginning dates one week before classes start.

# SWIM LESSONS

## Private Lessons

Private swim lessons are offered at WCC in a variety of ways. Private (one-on-one), Semi Private (two-on-one) and Semi-Private Groups (3-4 swimmers per one instructor). With more individualized attention, a swim student is much quicker to progress their abilities.

**Days/times** Mon- Sat; TBD

**Cost for 6 30-minute sessions:**

<i>Private</i>	Members \$180 Standard \$300
<i>Semi-Private</i>	Members \$108/ea Standard \$168/ea
<i>Semi-Private Goup</i>	Members \$72/ea Standard \$90/ea

## Adult Swim Lessons

All skill levels are welcome! This class welcomes students wishing to learn any skills from floating front/back, breath control, stroke instruction for all four competitive strokes, diving, turns and drills to help with technique! Our Certified Water Safety Instructor can help you gain that edge!

<b>Days:</b>	Fridays for 8 weeks
<b>Time:</b>	8-8:30 am
<b>Cost:</b>	Members Free Standard \$60 for 8 lessons



## Parent/Toddler Swim Lessons

This 8-week program is for caregivers and their infants/toddlers (ages 6 months to 4 years.) Young swimmers will get comfortable with the water through songs, games and play. Parents will be introduced to the proper holds, and various aquatic skills. An adult must accompany each child.

**Days:** Tuesday 9:30-10 am  
Saturday 10:30-11 am

**Cost:** Members/ \$40  
Non-members / \$52

**Instructors:** Lori LaPointe, Rosie Gilmore, Nori McLeod

SCAN FOR PROGRAM INFO:



## AQUATIC PROGRAMS



### Waterworks

Join our certified instructors for an upbeat 1-hour water aerobics class! Set to music, this class features 5 stages: warm-up, free exercise, run exercise, wall or equipment skills, cool down. This program includes exercises for all parts of the body. The skill sets will tone and firm your muscles, increase your flexibility and range of motion, stimulate your circulation and work with your coordination. Aerobic benefits include attention to breathing and vigorous movements to help strengthen the lungs, along with making use of skills similar to those used in dance, gymnastics, calisthenics, yoga and swimming.

**Days:** Monday – Friday

**Time:** 8:30-9:30 am

**Cost:** Members Free  
Non-members / \$15 per class

**Instructors:** Lori LaPointe, Jaja Martin, Nori McLeod, Rachel McCormick

### Friday Fun Splash

This class introduces kids age 3-6 to beginner skills as they build a love for swimming in a fun environment. Swimmers will learn how to get their face wet, go under water, float back and front, through games. Caregivers can sit pool side and watch their little swimmers learn and play.

**Days:** Fridays for 8 weeks

**Time:** 9:30-10:15 am

**Cost:** Members / \$45, Non-mem / \$61

**Instructors:** Lori LaPointe, Jaja Martin, Nori McLeod



### Evening Water EX

Water EX is designed for all adults with varying swimming abilities. The exercises are for all parts of the body that will tone and firm muscles, increase flexibility and range of motion, stimulate circulation and coordination. Water EX uses water resistance, buoyancy and therapeutic qualities.

**Days/Time:** Monday / Weds 6-7 pm

**Cost:** Members Free  
Non-members / \$15 per class

**Instructors:** Nori McLeod, Rachel McCormick



# UNSINKABLES SPRING/SUMMER SWIM TEAM

## *Unsinkables Spring/Summer Swim Team*

M/W/Th 3:30-4:30pm

Starting May 15th

For the rookie swimmers, the program guides the athlete through fun drills and exciting workouts to increase endurance, flexibility, strength and at the same time builds stroke technique. For the seasoned swimmer, we work on technique and efficiency, reaching their highest potential as an athlete. Fun water games during open swim before practice promises to help promote and develop team spirit. We look forward to seeing you pool side in May!

This program is for members only, ages 6-19yrs. Meets are optional. Prerequisite to join the team: swim three of the four strokes, basic understanding of pace clock and be comfortable in simple structured sets. Emphasis is placed on fine tuning all four strokes, turns and starts, and implementing a more structured workout set.

**Fees:** \$118, Additional expenses, Team suit if desired and USA Dues/meet fees.





## JUNIOR LIFEGUARD CHALLENGE CAMP

Teamwork, leadership and aquatic safety is what this camp is all about! Campers ages 11+ will learn water safety skills using surfboards, kayaks and rescue boards in fun drills and exercises. Self-rescues, team back boarding and water challenges round out each day. This program is for kids of all skill levels who love swimming, kayaking, canoeing and maybe interested in lifeguarding as they get older. Participants learn lifelong skills and to be proactive rather than reactive! Limit 15.

**Dates:** Monday- Friday Aug 5-9 12-3:30pm

**Cost:** \$65 CP/ Member & \$85 Standard

**Location:** WCC Pool

**Instructor:** Lori LaPointe



## INDOOR POOL INFORMATION

- Indoor, heated, year-round 6-lane competition pool
- Gradual-entry alcove and water play features.
- Lift and zero-depth entry ramp with handrail
- Staffed with American Red Cross lifeguards
- 4-person hot tub
- Family changing rooms with lockers and showers
- Hours - 5am-7pm Mon-Thurs; Friday 5am-5:30pm, Sat 8-12, Sun Closed
- Closed from 1-3 Monday-Thursday and closed 12-2:30 Fridays
- After Memorial Day, through Labor day, closed Saturdays and Sundays.
- Over 70 hours of swim times available throughout the week

WCC strives to keep pool closures to a minimum. However, for the health and safety of everyone, we take aggressive steps to ensure the quality of our water. To meet this high standard, we do experience 24- hour closures from time to time.

How you can help us keep closures to a minimum:

- Use the restroom before entering the pool.
- Have your child use the restroom (even if they say they don't need to).
- If your child has been sick recently or has given you any indication of an approaching illness, do not use the pool.
- Children not potty trained or recently trained must wear a swim diaper

When an incident occurs, we make every attempt to reach all the program participants affected.

SCAN FOR POOL INFO:



# It's a Doggone Pool Party!



**WHEN:**  
**Saturday**  
**August 24**  
**10:30 -12:30**

## Pool Party and BBQ at WCC for your pup!

Let's end the summer with some fun for you and your furry family members. Bring your pup (or pups) to the community center where they can swim in our pool before we start our annual cleaning week! We will also have a cookout for the "hoomans" and frozen pup-sicles for all wagging tails!

This event is donation based- give what you can! A portion of the proceeds will benefit our friends at the Coastal Maine Humane Society. Door prizes will also be up for grabs!

## THE SCOOP:

- One "hooman" per pup, please
- If your dog has been ill 48 hours before the event, please do not bring them
- Know your dog... If your dog does not do well with other dogs, please don't bring them, we want this to be fun for all!
- Please bring your well-behaved pup on leash, enter through the side door (signs will be posted)  
Leashes come off for pool time, & must be on during BBQ & outdoor play
- Dogs will only be allowed in the pool- not in locker rooms
- In order to keep everyone safe, pool time is just for the dogs
- All dogs will need to be signed in by their dog parent/guardian

[www.wiscassetrec.com](http://www.wiscassetrec.com)  
207-882-8230