Karate

A goal oriented, year round sport that literally conforms to all physical levels and abilities. Learn self defense, build confidence, increase flexibility, improve self discipline and get a great workout. Classes are taught by Sensei Fairfield, a dedicated 2nd degree black belt and long-time member of the Tao Karate Club. Sensei Fairfield is assisted by his four children, all of which are black belts. This is a true family program!

April 15th - June 14th
(Excluding Memorial Day)

Monday

*Little Ninjas (Beginners: Age 4-9) 4:30-5:30pm

*Tao Karate (8 years—Adult) 5:30-6:30pm

Members $42.00 *Standard $72.00*

Monday & Friday Combo

*Little Ninjas and Tao Karate (Fridays)5:30-6:30pm

Members $72.00 *Standard $132.00*

Wiscasset
Parks & Recreation Department

Register online at
www.wiscassetrec.com
or call 882-8230