

WISCASSET COMMUNITY CENTER

Gym Schedule November 1st - November 30th, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 7:30 am Open Gym	5:30 - 6:30 am PiYO	5:00 - 7:30 am Open Gym	5:00 - 11:00 am Open Gym	5:30 - 6:30 am AM Mix	Closed	Closed
7:30 - 10:00 am Pickle Ball Pick-up	Open Gym	7:30 - 10:00 am Pickle Ball Pick-up		6:30 - 7:30 am Open Gym		8:00 - 9:00 am PiYO
10:00 - 11:30 pm Open Gym	7:30 - 10a Beg/Inter Pickle Ball Pick-up	10:00 - 2:30 pm Open Gym	11:00 - 12:00 pm Senior Walk	7:30 - 10:00 am Pickle Ball Pick-up	9:00 - 4:00 pm Open Gym	Closed
11:30 - 1:00 pm Recess Playgroup	Open Gym	12:00 - 2:30 pm Open Gym	12:30 - 2:00 pm Recess Playgroup	10:00 - 11:00 am Zumba Gold		Closed
Open Gym	11:00 - 12:00 pm Senior Walk	Open 1/2 Gym	Open 1/2 Gym	11:00 - 2:30 pm Open Gym	Closed	Closed Rentals Available
1/2 Open Gym	12:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	12:30 - 2:00 pm Recess Playgroup		Open 1/2 Gym
6:30 - 8:00 Flex Fit 1/2 Gym	Core Conc. 1/2 Gym	6:30 - 8:00 Flex Fit 1/2 Gym	Core Conc 1/2 Gym	Open Gym 5:30 - 8:00 pm	Closed Rentals Available Inquire at the FRONT DESK!	Closed
1/2 Open Gym	Cheer	6:00 - 7:00 PiYO 1/2 Open Gym	Cheer	Open Gym		
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		CLOSED

Please watch for gym closures and schedule updates - All Gym times are SUBJECT TO CHANGE

Pickleball - Monday, Wednesday & Friday mornings from 7:30 - 10:00 am

Pickleball Pick-up for Beginners & Intermediates now on Tuesdays - Come in and better your game!

ASA 1/2 Gym times will depend on the weather.

Recess Playgroup (Monday & Thursday)

Cheering practices Tues. & Thurs. 5:30 - 7:00 pm

Fitness Classes offered in our gymnasium. See also the Fitness Class Schedule.

FALL HOURS

Monday - Friday	5:00 am - 8:00 pm
Saturday	8:00 am - 4:00 pm
Sunday (starting Oct. 14th)	1:00 pm - 5:00 pm

