

WISCASSET COMMUNITY CENTER

Gym Schedule May 1, 2017 - May 29, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 7:30 am Open Gym	5:30 - 6:30 am Mix 30	5:00 - 7:30 am Open Gym	5:00 - 11:00 am Open Gym	5:30 - 6:30 am Mix 30	Closed	Closed
7:30 - 10:00 am Pickle Ball Pick-up	6:30 - 11:00 am Open Gym	7:30 - 10:00 am Pickle Ball Pick-up		6:30 - 7:30 am Open Gym		Rentals Available
10:00 - 12:00 pm Open Gym	11:00 - 12:00 pm Senior Walk	10:00 - 1:00 pm Open Gym	11:00 - 12:00 pm Senior Walk	10:00 - 11:00 am Zumba Gold	8:00 - 9:00 am Country Heat	Inquire at the FRONT DESK!
12:00 - 1:00 pm Recess Playgroup	12:00 - 5:30 pm Open Gym		12:00 - 1:00 pm Recess Play	11:00 - 8:00 pm Open Gym	9:00 - 4:00 pm Open Gym	
1:00 - 6:00 pm Open Gym		1:00 - 6:00 pm Open Gym	1:00 - 6:00 pm Open Gym			1:00 - 5:00 pm Open Gym
2:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym		
	Core Conc. 1/2 Gym		Core Conc. 1/2 Gym		Closed	Closed
6:30 - 8:00 Flex Fit 1/2 Gym	6:30 - 8:00 Obstacle Course	6:30 - 8:00 Flex Fit 1/2 Gym	6:00 - 7:00 Cnt.Heat 1/2 Open Gym	Power 1/2 Gym	5:30 - 8:00 pm Open Gym	Rentals Available
8:00 - 9:00 pm Open Gym	8:00 - 9:00 pm Open Gym	8:00 - 9:00 pm Open Gym	7:30 - 9:00 pm Open Gym		Inquire at the FRONT DESK!	Inquire at the FRONT DESK!
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

Please watch for gym closures and schedule updates - SUBJECT TO CHANGE

Building Closed

CLOSED - Memorial Day Weekend - May 27, 28 & 29

Schedule Changes

Gymnasium Closed May 1st - 21st for Refinishing

Fitness Classes have been relocated - please check out our Fitness Schedule

WINTER HOURS

Monday - Thursday	5:00am - 9:00pm
Friday	5:00am - 8:00pm
Saturday	8:00am - 4:00pm
Sunday	1:00pm - 5:00pm

