

WISCASSET COMMUNITY CENTER

Gym Schedule January 1st - January 31st, 2018

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---------------------------------|---|--|--------------------------------|---|---|
| 5:00 - 7:30 am Open Gym | 5:30 - 6:30 am Mix 30 | 5:00 - 7:30 am Open Gym | | 5:30 - 6:30 am Mix 30 | Closed | Closed |
| 7:30 - 10:00 am Pickle Ball Pick-up | 6:30 - 11:00 am Open Gym | 7:30 - 10:00 am Pickle Ball Pick-up | 5:00 - 11:00 am Open Gym | 6:30 - 7:30 am Open Gym | | 8:00 - 9:00 am Country Heat |
| 10:00 - 11:30 pm Open Gym | 11:00 - 12:00 pm Senior Walk | 10:00 - 6:30 pm Open Gym | 11:00 - 12:00 pm Senior Walk | 10:00 - 11:00 am Zumba Gold | 9:00 am - 1:00 pm Youth Basketball | Closed |
| 11:30 - 1:00 pm Recess Playgroup | 12:00 - 5:30 pm Open Gym | | | 11:30 - 1:00 pm Recess Play | | Closed Rentals Available |
| 1:00 - 6:30 pm Open Gym | | | 12:00 - 5:30 pm Open Gym | 1:00 - 8:00 pm Open Gym | 1:00 - 4:00 pm Open Gym | 1:00 - 3:30 pm Open Gym |
| 1/2 Open Gym | 2:30 - 5:30 ASA 1/2 Gym | Open 1/2 Gym | 2:30 - 5:30 ASA 1/2 Gym | Open 1/2 Gym | 2:30 - 5:30 ASA 1/2 Gym | Closed |
| | Core Conc. 1/2 Gym | | Core Conc. 1/2 Gym | | | Closed Rentals Available Inquire at the FRONT DESK! |
| 6:30 - 8:00 Flex Fit 1/2 Gym | Youth B-Ball Practice | Cheering Practice Far End | 6:00 - 7:00 Cnt.Heat 1/2 Open Gym | Power 1/2 Gym | 6:30-7:30 Flex Fit | Men's League Basketball Games start at 4:00 PM |
| | Open Gym | 6:30 - 8:00 Flex Fit 1/2 Gym | 7:30 - 8:00 pm | Open Gym | | Closed |
| CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | | CLOSED |

Please watch for gym closures and schedule updates - SUBJECT TO CHANGE

Building Closed

Rec. Basketball will be in the gym on Saturday mornings starting Dec. 2nd

Men's League Basketball starting in December

Schedule Changes

Cheering practices will be on the far end of the gym starting Oct. 3rd from 5:30 - 7:00 pm

ASA 1/2 Gym times will depend on the weather.

Recess Playgroup (Depending on the weather / otherwise at Rec. Playground)

Fitness Classes offered in our gymnasium. See also the Fitness Class Schedule.

FALL HOURS

| | |
|-----------------|--------------------------------------|
| Monday - Friday | 5:00 am - 8:00 pm |
| Saturday | 8:00 am - 4:00 pm |
| Sunday | 1:00 pm - 5:00 pm starting Oct. 15th |



