WISCASSET COMMUNITY CENTER

Gym Schedule December 1st - December 31st, 2018

| Manday | Tuesday | Made a day | Thursday | Friday | Catumday | Constant |
|---|---|--|--|---|------------------------------------|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 5:00 - 7:30 am Open Gym | 5:30 - 6:30 am PiYO Open Gym | 5:00 - 7:30 am Open Gym | 5:00 - 11:00 am | 5:30 - 6:30 am AM Mix 6:30 - 7:30 am Open Gym | - Closed | Closed |
| 7:30 - 10:00 am Pickle Ball Pick-up | 7:30 - 10a Beg/Inter Pickle Ball Pick-up | 7:30 - 10:00 am Pickle Ball Pick-up | Open Gym | 7:30 - 10:00 am Pickle Ball Pick-up | 8:00 - 9:00 am PiYO | Closed |
| 10:00 - 11:30 pm Open Gym 11:30 - 1:00 pm Recess Playgroup | Open Gym 11:00 - 12:00 pm | 10:00 - 2:30 pm Open Gym | 11:00 - 12:00 pm Senior Walk 12:30 - 2:00 pm | 10:00 - 11:00 am Zumba Gold 11:00 - 2:30 pm Open Gym | 9:00 - 1:00 pm Youth Basketball | Closed Rentals Available |
| Open Gym 2:30 - 5:3 1/2 Open Gym ASA 1/2 Gym 1/2 Gym | Open Gym 0 | 0 2:30 - 5:30 Open ASA 1/2 Gym 1/2 Gym | Recess Playgroup | 2:30 - 5:30 ASA Open 1/2 Gym | Open Gym | Sunday's Open Gym 1:00 - 4:00 pm |
| 6:30 - 8:00 1/2 Ope | Core Conc. 1/2 Gym Cheer | 6:00 -7:00 6:30 - 8:00 PiYO | Core Conc 1/2 Gym Cheer | 1/2 Gym Open Gym | Closed Closed Rentals Available | Adult Basketball League |
| Flex Fit Gym 1/2 Gym | Open Gym | Flex Fit 1/2 Open 1/2 Gym Gym | Open Gym 6:30 - 8:00 | 5:30 - 8:00 pm | Inquire at the FRONT DESK! | |
| CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | | CLOSED |

Please watch for gym closures and schedule updates - All Gym times are SUBJECT TO CHANGE

Pickleball - Monday, Wednesday & Friday mornings from 7:30 - 10:00 am

Pickleball Pick-up for Beginners & Intermediates now on Tuesdays - Come in and better your game!

ASA 1/2 Gym times will depend on the weather.

Recess Playgroup (Monday & Thursday)

Cheering practices Tues. & Thurs. 5:30 - 7:00 pm

Adult Basketball League starting Sunday, Dec. 9th

Youth Basketball starting Saturday, Dec 8th

Fitness Classes offered in our gymnasium. See also the Fitness Class Schedule.

FALL HOURS

Monday - Friday 5:00 am - 8:00 pm Saturday 8:00 am - 4:00 pm Sunday (starting Oct. 14th) 1:00 pm - 5:00 pm



