

WISCASSET COMMUNITY CENTER

Gym Schedule April 1st - April 30th, 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 7:30 am Open Gym	5:30 - 6:30 am PiYO	5:00 - 7:30 am Open Gym		5:30 - 6:30 am Mix 30	Closed	Closed
	6:30 - 11:00 am Open Gym		5:00 - 11:00 am Open Gym	6:30 - 7:30 am Open Gym		
7:30 - 10:00 am Pickle Ball Pick-up	7:30 - 10 am Beg/Inter Pickle Ball Pick-up	7:30 - 10:00 am Pickle Ball Pick-up		7:30 - 10:00 am Pickle Ball Pick-up	8:00 - 9:00 am PiYO	Closed
10:00 - 11:30 pm Open Gym	11:00 - 12:00 pm Senior Walk	10:00 - 6:30 pm Open Gym	11:00 - 12:00 pm Senior Walk	10:00 - 11:00 am Zumba Gold Open Gym	9:00 - 4:00 pm Open Gym	
11:30 - 1:00 pm Recess Playgroup				11:30 - 1:00 pm Recess Play		Closed Rentals Available
1:00 - 6:30 pm Open Gym	12:00 - 5:30 pm Open Gym		12:00 - 5:30 pm Open Gym	1:00 - 8:00 pm Open Gym		
1/2 Open Gym	2:30 - 5:30 ASA 1/2 Gym	Open 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	Open 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	1:00 - 5:00 pm Open Gym
	Core Conc. 1/2 Gym		Core Conc. 1/2 Gym	Core Conc. 1/2 Gym		Closed Rentals Available Inquire at the FRONT DESK!
6:30 - 8:00 Flex Fit 1/2 Gym	Open Gym	6:30 - 8:00 Flex Fit 1/2 Gym	6:00 - 7:00 Cnt.Heat 1/2 Open Gym	Power 1/2 Gym	6:30-7:30 Flex Fit	
			7:30 - 8:00 pm		Open Gym	
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		CLOSED

Please watch for gym closures and schedule updates - All Gym times are SUBJECT TO CHANGE

CLOSED - EASTER SUNDAY, APRIL 1st

Pickleball - Monday, Wednesday & Friday mornings from 7:30 - 10:00 am

Pickleball Pick-up for Beginners & Intermediates now on Tuesdays - Come in and better your game!

Cheering practices will be on the far end of the gym from 5:30 - 7:00 pm on Thursday's until the end of April

ASA 1/2 Gym times will depend on the weather.

Recess Playgroup (Depending on the weather / otherwise at Rec. Playground)

Fitness Classes offered in our gymnasium. See also the Fitness Class Schedule.

FALL / WINTER HOURS

Monday - Friday	5:00 am - 8:00 pm
Saturday	8:00 am - 4:00 pm
Sunday	1:00 pm - 5:00 pm ending May 25th

