

# WISCASSET COMMUNITY CENTER

*Gym Schedule April 1st - April 30th, 2019*

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Gym Schedule April 1st - April 30th, 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 7:30 am Open Gym	5:30 - 6:30 am PiYO	5:00 - 7:30 am Open Gym	5:00 - 11:00 am Open Gym	5:30 - 6:30 am AM Mix	Closed	Closed
7:30 - 10:00 am Pickle Ball Pick-up	Open Gym	7:30 - 10:00 am Pickle Ball Pick-up		6:30 - 7:30 am Open Gym		7:45 - 9:00 am PiYO
10:00 - 11:30 pm Open Gym	7:30 - 10a Beg/Inter Pickle Ball Pick-up	10:00 - 2:30 pm Open Gym	11:00 - 12:00 pm Senior Walk	7:30 - 10:00 am Pickle Ball Pick-up	9:00 - 10:00 am Intro to PiYO!	Closed
11:30 - 1:00 pm Recess Playgroup	Open Gym	Open 1/2 Gym	12:30 - 2:00 pm Recess Playgroup	10:00 - 11:00 am Zumba Gold	Open Gym 9:00 - 4:00 pm	Closed Rentals Available
Open Gym	11:00 - 12:00 pm Senior Walk		Open 1/2 Gym	Open 1/2 Gym		11:00 - 2:30 pm Open Gym
1/2 Open Gym	12:00 - 2:30 pm Open Gym	2:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	Open 1/2 Gym	Closed Rentals Available
Open	Core Conc. 1/2 Gym	6:00 - 7:00 PiYO	Core Conc 1/2 Gym	Open Gym 5:30 - 8:00 pm	Closed Rentals Available Inquire at the FRONT DESK!	Closed Rentals Available
6:30 - 8:00 Flex Fit 1/2 Gym	Open Gym	6:30 - 8:00 Flex Fit 1/2 Gym	1/2 Open Gym	Cheer		Closed
<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>		<b>CLOSED</b>

**Please watch for gym closures and schedule updates - All Gym times are SUBJECT TO CHANGE**

**Pickleball - Monday, Wednesday & Friday mornings from 7:30 - 10:00 am**

**Pickleball Pick-up for Beginners & Intermediates now on Tuesdays - Come in and better your game!**

**ASA 1/2 Gym times will depend on the weather.**

**Recess Playgroup ( Monday & Thursday)**

**Cheering practices Tues. 5:30 - 8:00 pm & Thurs. 5:30 - 7:00 pm**

**Fitness Classes offered in our gymnasium. See also the Fitness Class Schedule.**

**WINTER HOURS**

Monday - Friday	5:00 am - 8:00 pm
Saturday	8:00 am - 4:00 pm
Sunday	1:00 pm - 5:00 pm

