Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am Adult Lessons (3) 8-8:30am	CLOSED	CLOSED
Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM GSB/RICH 9:30-10AM (4)	Water Aerobics (0) 8:30 - 9:30 AM	Lap Swim (5) 8:00-9:00 AM	
Lap Swim (5) 9:35 - 1 PM	Lap Swim (5) 9:35 - 12:15 PM RSU 40 (3) 12:15-1PM	Lap Swim (5) 9:35 - 1 PM	Lap Swim (5) 10 - 12:15 PM RSU 40 (3) 12:15-1PM	Lap Swim (5) 9:35 - <b>11:45 AM</b> *4/19 open until 1pm*	SWIM LESSONS (2) 9:00-10:00 AM Lap Swim (5) 10 - 4 PM	Lap Swim (5
CLOSED 1:00-2:30 PM	CLOSED 1:00-2:30 PM	CLOSED 1:00-2:30 PM	CLOSED 1:00-2:30 PM	CLOSED 11:45-2:30 PM WES LESSONS		1:00-5:00PM
Lap Swim (5) 2:30 - 6:00 PM	Lap Swim (4) 2:30 - 4:15 PM LESSONS (3) 4:15 - 5 PM Lap Swim (5)	Lap Swim (5) 2:30 - 6:00 PM	Lap Swim (6) 2:30 - 3:30 PM LESSONS (3) 3:30-4:15pm Lap Swim (5)	Lap Swim (6) 2:30-7 PM		
Water Aerobics (0) 6:00-7:00PM	5:00-7:00PM	Water Aerobics (0) 6:00-7:00PM	4:15-7:00PM			
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

<sup>(\*)</sup> MEANS NUMBER OF LANES AVAILABLE FOR LAP SWIMMING {Ex: (2) = 2 lanes available}

W.C.C. ALCOVE POOL SCHEDULE: April 1st - April 28th, 2024										
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
Adult Water Walk	Adult Water Walk	Adult Water Walk	Adult Water Walk	Adult Water Walk						
5:00 - 8:30 AM	5:00 - 8:30 AM	5:00 - 8:30 AM	5:00 - 8:30 AM	5:00 - 8:30 AM						
				ADULT LESSONS	Open Swim					
				8:00-8:30AM	8:00 - 9:45 AM					
Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics						
8:30 - 9:30 AM	8:30 - 9:30 AM	8:30 - 9:30 AM	8:30 - 9:30 AM	8:30 - 9:30 AM	SWIM LESSONS					
Open Swim	PARENT TOT 9:30-10AM	SVCH 9:45-10:45AM		SPLASH CLASS	9:45-11:45AM					
9:30-1:00 PM	Open Swim	Open Swim	Open Swim	9:30-10:15 AM						
	10:00 -12:15 PM	9:30-1:00 PM	9:30- <b>12:15</b> PM	Open Swim	Open Swim					
CLOSED	CLOSED	CLOSED	CLOSED	10:15 - 11:45 AM	11:45 - 4PM	Open Swim				
1:00 - 2:30 PM	12:15 - 2:30 PM	1:00 - 2:30 PM	12:15 - 2:30 PM	*4/19 OPEN UNTIL 1 PM*		1:00-4:45PM				
	Open Swim		Open Swim	CLOSED						
	2:30 - 3:30 PM		2:30 - 4:15 PM	11:45-2:30 PM						
Open Swim	LESSONS	Open Swim	LESSONS	WES LESSONS						
2:30-6:45PM	3:30-4:15PM	2:30-6:45PM	4:15-5PM							
				Open Swim						
	Open Swim		Open Swim	2:30-6:45PM						
	4:15-6:45PM		5:00-6:45PM							
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED				

## **IMPORTANT NOTES:**

\* STARTING FRIDAY APRIL 5th THE POOL CLOSES 11:45-2:30PM FOR WES LESSONS!\*

NO SCHOOL FRI APRIL 19TH THE POOL WILL BE CLOSED 1-2:30PM

\*WED MORNINGS 9:45-10:45 SVCH IS COMING FOR LESSONS THE ALCOVE IS STILL OPEN BUT SPACE IS LIMITED\*

## **POOL RULES:**

No running No diving

Children under 4 must have an adult in the water with them

Children 4-11 must have an adult in the pool room supervising them

If your child is not FULLY potty trained please put them in a swim diaper (If they don't go to bed or ride in the car without a diaper on do not put them in the pool without one!) No Food or Drink (except water!)

NO GLASS CONTAINERS!!

Only USCG approved lifejackets allowed. No inflatables!

Hair shoulder length or longer (regardless of gender) must be tied up in a ponytail or put in a swim cap.

Only appropriate swim wear allowed

Lap lanes are for sharing! If you are unwilling to share then you may be asked to wait until one opens up!

\*If you plan on bringing a large group to swim it is always a good idea to call ahead of time to give us a heads up, so that we can hopefully accommodate everyone staff wise! Thank you!\*